

DERMATOLOGÍA EN IMÁGENES

Linfoma cutáneo de células T diseminado: Dermatología en Imágenes

Javier Rosero,^{1,*} Carolina Narváez,^{2,**} Carmen Santamaría^{3***}



Hombre de 56 años presenta lesiones cutáneas generalizadas de 2 años de evolución, cuyo inicio fue con máculas eritematosas pruriginosas, que progresaron a placas y tumores. Refiere pérdida de peso, sudoración nocturna ocasional y prurito intenso. La exploración revela múltiples lesiones nodulares eritematovioláceas, algunas ulceradas en la espalda, y adenopatías cervicales y axilares bilaterales.

La biopsia cutánea muestra infiltrado linfoide atípico con epidermotropismo. La TC evidencia adenopatías generalizadas. Se diagnostica linfoma cutáneo de células T, estadio IVA (T3 N3 M0 B2).

Este caso ilustra la progresión característica de un linfoma cutáneo avanzado. El diagnóstico se basa en la correlación clínico-patológica. El tratamiento es desafiante y generalmente paliativo, incluyendo terapias sistémicas como interferón y quimioterapia en casos refractarios o [avanzados](#). La presentación clínica es variable y el curso impredecible. Se enfatiza la importancia del abordaje multidisciplinario y seguimiento a largo plazo para optimizar el manejo, con-

siderando la complejidad de la enfermedad y su impacto en la calidad de vida del paciente.

ORCID: Javier Rosero <https://orcid.org/0000-0002-3635-6653>

¹Bagherani N, Smoller BR. An overview of cutaneous T cell lymphomas. *F1000Res* [Internet]. 2016 Sep 1 [cited 2023 Jun 25];5 Faculty Rev-1882. Available from: <https://f1000research.com/articles/5-1882/v1> doi: 10.12688/f1000research.8829.1

²Wilcox RA. Cutaneous T-cell lymphoma: 2017 update on diagnosis, risk-stratification, and management. *Am J Hematol* [Internet]. 2017 Oct [cited 2023 Jun 25];92(10):1085-1102. Available from: <https://onlinelibrary.wiley.com/doi/10.1002/ajh.24876> doi: 10.1002/ajh.24876

³Jawed SI, Myskowski PL, Horwitz S, Moskowitz A, Querfeld C. Primary cutaneous T-cell lymphoma (mycosis fungoides and Sézary syndrome): part I. Diagnosis: clinical and histopathologic features and new molecular and biologic markers. *J Am Acad Dermatol* [Internet]. 2014 Feb [cited 2023 Jun 25];70(2):205.e1-16. Available from: [https://www.jaad.org/article/S0190-9622\(13\)01087-9/fulltext](https://www.jaad.org/article/S0190-9622(13)01087-9/fulltext) doi: 10.1016/j.jaad.2013.07.049

⁴Trautinger F, Eder J, Assaf C, Bagot M, Cozzio A, Dummer R, et al. European Organisation for Research and Treatment of Cancer consensus recommendations for the treatment of mycosis fungoides/Sézary syndrome - Update 2017. *Eur J Cancer* [Internet]. 2017 May [cited 2023 Jun 25];77:57-74. Available from: [https://www.ejancer.com/article/S0959-8049\(17\)30204-3/fulltext](https://www.ejancer.com/article/S0959-8049(17)30204-3/fulltext) doi: 10.1016/j.ejca.2017.02.027

* Residente del primer año de Dermatología, Universidad UTE
** Servicio de Dermatología, Novaclínica Santa Cecilia, Quito - Ecuador.
*** Dermatóloga y Jefa de Servicio de Dermatología, Novaclínica Santa Cecilia, Quito, Ecuador
Correspondencia: javier.rosero94@gmail.com

Cómo citar este artículo: Rosero Caiza JA, Narváez Álvarez CM, Santamaría Burgos C. Linfoma cutáneo de células T diseminado: Dermatología en Imágenes. *Rev Dermatol Cent Úraga*. 2025;7(1).
Fecha de recepción: 15/07/2024
Fecha de aceptación: 25/11/2024

IMAGES IN DERMATOLOGY

Disseminated cutaneous T-cell lymphoma: Dermatology in Images

Javier Rosero,^{1,*} Carolina Narváez,^{2,**} Carmen Santamaría^{3***}



A 56-year-old man presents with generalized skin lesions that have evolved over the past 2 years, starting with pruritic erythematous macules that progressed to plaques and tumors. He reports weight loss, occasional night sweats, and intense itching. Examination reveals multiple erythematous-violet nodular lesions, some ulcerated on the back, along with bilateral cervical and axillary lymphadenopathy.

Skin biopsy shows atypical lymphoid infiltration with marked epidermotropism. A CT scan reveals generalized lymphadenopathy. He is diagnosed with stage IVA cutaneous T-cell lymphoma (T3 N3 M0 B2).

This case illustrates the characteristic progression of advanced cutaneous lymphoma. Diagnosis relies on clinical-pathological correlation. Treatment is challenging and generally palliative, including systemic therapies such as interferon and chemotherapy in refractory or advanced cases. Clinical presentation varies, and the course is unpredictable. Emphasis is placed on the importance of a multidisciplinary approach and long-term follow-up to optimize

management, considering the complexity of the disease and its impact on the patient's quality of life.

ORCID: Javier Rosero <https://orcid.org/0000-0002-3635-6653>

¹Bagherani N, Smoller BR. An overview of cutaneous T cell lymphomas. *F1000Res* [Internet]. 2016 Sep 1 [cited 2023 Jun 25];5 Faculty Rev-1882. Available from: <https://f1000research.com/articles/5-1882/v1> doi: 10.12688/f1000research.8829.1

²Wilcox RA. Cutaneous T-cell lymphoma: 2017 update on diagnosis, risk-stratification, and management. *Am J Hematol* [Internet]. 2017 Oct [cited 2023 Jun 25];92(10):1085-1102. Available from: <https://onlinelibrary.wiley.com/doi/10.1002/ajh.24876> doi: 10.1002/ajh.24876

³Jawed SI, Myskowski PL, Horwitz S, Moskowitz A, Querfeld C. Primary cutaneous T-cell lymphoma (mycosis fungoïdes and Sézary syndrome): part I. Diagnosis: clinical and histopathologic features and new molecular and biologic markers. *J Am Acad Dermatol* [Internet]. 2014 Feb [cited 2023 Jun 25];70(2):205.e1-16. Available from: [https://www.jaad.org/article/S0190-9622\(13\)01087-9/fulltext](https://www.jaad.org/article/S0190-9622(13)01087-9/fulltext) doi: 10.1016/j.jaad.2013.07.049

⁴Trautinger F, Eder J, Assaf C, Bagot M, Cozzio A, Dummer R, et al. European Organisation for Research and Treatment of Cancer consensus recommendations for the treatment of mycosis fungoïdes/Sézary syndrome - Update 2017. *Eur J Cancer* [Internet]. 2017 May [cited 2023 Jun 25];77:57-74. Available from: [https://www.ejancer.com/article/S0959-8049\(17\)30204-3/fulltext](https://www.ejancer.com/article/S0959-8049(17)30204-3/fulltext) doi: 10.1016/j.ejca.2017.02.027

*First-year Dermatology Resident, UTE University
Dermatology Service, Novaclínica Santa Cecilia, Quito, Ecuador.
**Dermatologist and Head of Dermatology Service, Novaclínica Santa Cecilia, Quito, Ecuador
Correspondence: javier.rosero94@gmail.com
<https://orcid.org/0000-0002-3635-6653>

How to cite this article: Rosero Caiza JA, Narváez Álvarez CM, Santamaría Burgos C. Disseminated Cutaneous T-Cell Lymphoma: Dermatology in Images. *Rev Dermatol Cent Uraga*. 2025;7(1).
Date of receipt: 15/07/2024
Date of acceptance: 25/11/2024