

IMAGES IN DERMATOLOGY

Epidermolysis bullosa

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The cicatrial fibrosis in the palm of the hand is consequent to the genetic alteration of the hemidesmosomes, which generates sub epidermal blisters: noticeable, persistent and insidious; typical of severe generalized epidermolysis bullosa simplex generalized, which can be defined with the clinical matrix of Yanamandra (2017); given the limitations, which exist in our environment, for the performance of examinations such as electron microscopy, genetic and molecular studies.

The images correspond to an 18-year-old patient; the fingers are arranged in a “cup” and significantly limit the functionality of the hands, preventing simple actions such as taking a glass, opening a cover or uncovering a jar; these and other capabilities can be assessed with the ABILHAND questionnaire (2022), to determine the severity, guide therapeutic measures, prevention and rehabilitation; in the difficult task imposed by the humanized care of these serious and rare conditions.

Yanamandra VK, Moss C, Sreenivas V, Khan M, Sivasubbu S, Sharma VK, et al. Development of a clinical diagnostic matrix for characterizing inherited epidermolysis bullosa. *British Journal of Dermatology*. 2017 Jun 1;176(6):1624–32.

ABILHAND – Instructions – ## Rehab–Scales ## [Internet]. [cited 2022 Mar 28]. Available from: <http://rssandbox.iescagilly.be/abilhand-instructions.html>

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