

— Editorial

TEACHING WHAT WE KNOW AND MORE

When a serious institution accepts the difficult task of training new specialists in the dermatological area, as in our case, we are committed to that great responsibility, which is to do an excellent job in their training and not simply fulfill the task by filling hours and topics that supposedly meet the time and justify fees.

I remember that phrase of the famous Hindu philosopher when he said: *“To give the best of myself to my disciples, is not to give what I can or what I want, but to give everything that allows to forge better and more prepared beings than me,”* is to pass not only the experience of what is already known, but to transmit the passion for research, for clearing seemingly impenetrable paths, to discover not without effort, the old that we do not know or the new that no one knows, always with the same enthusiasm, keenness and curiosity, which gives us the strength to achieve the seemingly unattainable and above all, with the laudable sincerity and courage to know how to say “I DON’T KNOW” and with a smile of impetus and persistence, move forward until we change the unknown for the obvious and the new become already known, until we can shout, now with confidence, “I KNOW.”

We are addressing new postgraduates, dilettantes and naive doctors who perhaps think that dermatology is simple skin ailments or simply the art of giving beauty, often without suspecting that it is a complex specialty that mixes immense clinical knowledge, surgery, histopathology, genetics, cosmiatry, dermatological allergy and multiple subspecialties, each one more complex than the other, such as trichology, onychopathies, etc, but all exciting for those who fall in love with them.

The greatest lesson we can give them is our experience, in order to save them arid paths that make it difficult to reach, to teach them that we must not only comply, but strive to learn and achieve even what they have not asked for, to instill in them that the third world is only in our minds and that with will and desire we will overcome that limiting fence to join the elite of knowledge, organization and publications, to the point of dreaming that we are reaching that goal that one day seemed to us of another world, and then, maybe and only maybe, we can say paraphrasing the philosopher Nietzsche when he said, *“It takes a chaos inside to give birth to a star”*, we would like to say *“It took an arduous journey of 3 years, to finally give birth to a true dermatologist.”* If we achieve these dreams then we will feel in our chest, bursting a cry of immense satisfaction that also, paraphrasing Pablo Neruda when he said *“I confess that I have lived”*, I would like to be able to say, *“I confess that I have fulfilled.”*

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